

a Point32Health company

Tufts Medicare Preferred 2025 Step Therapy Medical Necessity Guidelines

Effective: January 1, 2025

ANTIDEPRESSANTS

Products Affected

- Emsam
- Fetzima

• Fetzima Titration Pack

Details

Criteria	Pending CMS Review
----------	--------------------

Version: 7, Effective Date: 01/01/2025

ATYPICAL ANTIPSYCHOTICS

Products Affected

- Asenapine Maleate Sl
- Fanapt

• Fanapt Titration Pack

Details

Aripiprazole, lurasidone, olanzapine, olanzapine-fluoxetine, quetiapine, risperidone and ziprasidone are on Step-1 and covered without authorization. Asenapine and Fanapt are on Step-2 and will be covered if the member has filled for one or more Step-1 or Step-2 medications within the previous 180 days as evidenced by a paid claim or physician documentation.

Version: 7, Effective Date: 01/01/2025

INHALED CORTICOSTEROIDS

Products Affected

- Flovent Diskus
- Fluticasone Propionate Diskus

• Fluticasone Propionate Hfa

Details

Criteria	QVAR is on Step-1 and covered without authorization. Fluticasone is on Step-2 and will be covered if the member has filled for one or more Step-1 medications within the previous 180 days as evidenced by a paid claim
	or physician documentation.

Version: 7, Effective Date: 01/01/2025

INTERFERONS

Products Affected

- Rebif
- Rebif Rebidose

- Rebif Rebidose Titration Pack
- Rebif Titration Pack

Details

Avonex, Betaseron, and Plegridy are on Step-1 and covered without prior authorization. Rebif and Rebif Rebidose are on Step-2 and will be covered if the member has filled for two or more Step-1 medications within the previous 180 days as evidenced by a paid claim or physician documentation.

Version: 7, Effective Date: 01/01/2025

Index Of Drugs

A	
Antidepressants	1
Asenapine Maleate Sl	2
Atypical Antipsychotics	2
\boldsymbol{E}	
Emsam	1
\boldsymbol{F}	
Fanapt	2
Fanapt Titration Pack	2
Fetzima	1
Fetzima Titration Pack	1
Flovent Diskus	3

Fluticasone Propionate Diskus	3
Fluticasone Propionate Hfa	3
I	
Inhaled Corticosteroids	3
Interferons	4
R	
Rebif	4
Rebif Rebidose	4
Rebif Rebidose Titration Pack	4
Rebif Titration Pack	4

Version: 7, Effective Date: 01/01/2025