



a Point32Health company

Tufts Health Plan Senior Care Options (HMO-SNP) 2025 Step Therapy Medical Necessity Guidelines

Effective: March 1, 2025

ANTIDEPRESSANTS

Products Affected

- Emsam
- Fetzima
- Fetzima Titration Pack

Details

Criteria	Bupropion, bupropion SR, bupropion XL, citalopram, desvenlafaxine ER, duloxetine delayed-release capsules, escitalopram, fluoxetine, fluoxetine delayed-release, fluvoxamine, paroxetine, sertraline, venlafaxine and venlafaxine ER are on Step-1 and are covered without prior authorization. Emsam and Fetzima are on Step-2 and will be covered if the member has filled for a Step-1 or Step-2 medication within the previous 180 days as evidenced by a paid claim or physician documentation.
-----------------	--

ATYPICAL ANTIPSYCHOTICS

Products Affected

- Asenapine Maleate SI
- Fanapt
- Fanapt Titration Pack

Details

Criteria	Aripiprazole, lurasidone, olanzapine, olanzapine-fluoxetine, quetiapine, risperidone and ziprasidone are on Step-1 and covered without authorization. Asenapine and Fanapt are on Step-2 and will be covered if the member has filled for one or more Step-1 or Step-2 medications within the previous 180 days as evidenced by a paid claim or physician documentation.
-----------------	--

INHALED CORTICOSTEROIDS

Products Affected

- Flovent Diskus
- Fluticasone Propionate Diskus
- Fluticasone Propionate Hfa

Details

Criteria	QVAR is on Step-1 and covered without authorization. Fluticasone is on Step-2 and will be covered if the member has filled for one or more Step-1 medications within the previous 180 days as evidenced by a paid claim or physician documentation.
-----------------	---

INTERFERONS

Products Affected

- Rebif
- Rebif Rebidose
- Rebif Rebidose Titration Pack
- Rebif Titration Pack

Details

Criteria	Avonex, Betaseron, and Plegridy are on Step-1 and covered without prior authorization. Rebif and Rebif Rebidose are on Step-2 and will be covered if the member has filled for two or more Step-1 medications within the previous 180 days as evidenced by a paid claim or physician documentation.
-----------------	---

Index Of Drugs

A	
Antidepressants.....	1
Asenapine Maleate Sl.....	2
Atypical Antipsychotics.....	2
E	
Emsam.....	1
F	
Fanapt.....	2
Fanapt Titration Pack	2
Fetzima.....	1
Fetzima Titration Pack	1
Flovent Diskus	3
Fluticasone Propionate Diskus	3
Fluticasone Propionate Hfa	3
I	
Inhaled Corticosteroids	3
Interferons.....	4
R	
Rebif.....	4
Rebif Rebidose	4
Rebif Rebidose Titration Pack.....	4
Rebif Titration Pack	4