

a Point32Health company

Tufts Medicare Preferred 2024 Step Therapy Medical Necessity Guidelines

Effective: December 1, 2024

ANTIDEPRESSANTS

Products Affected

- Aplenzin
- Emsam

- Fetzima
- Fetzima Titration Pack

Details

Criteria

Bupropion, bupropion SR, bupropion XL, citalopram, desvenlafaxine ER, duloxetine delayed-release capsules, escitalopram, fluoxetine, fluoxetine delayed-release, fluvoxamine, fluvoxamine ER, paroxetine, paroxetine ER, sertraline, venlafaxine and venlafaxine ER are on Step-1 and are covered without prior authorization. Aplenzin, Emsam, and Fetzima are on Step-2 and will be covered if the member has filled for a Step-1 or Step-2 medication within the previous 180 days as evidenced by a paid claim or physician documentation. Aplenzin will be covered for members with a physician-documented diagnosis of seasonal affective disorder (SAD).

ATYPICAL ANTIPSYCHOTICS

Products Affected

- Asenapine Maleate Sl
- Fanapt

• Fanapt Titration Pack

Details

Criteria	Aripiprazole, lurasidone, olanzapine, olanzapine-fluoxetine, quetiapine, risperidone and ziprasidone are on Step-1 and covered without authorization. Asenapine and Fanapt are on Step-2 and will be covered if the member has filled for one or more Step-1 or Step-2 medications
	within the previous 180 days as evidenced by a paid claim or physician documentation.

FEBUXOSTAT

Products Affected

• Febuxostat

Details

Criteria	Allopurinol is on Step-1 and is covered without prior authorization. Febuxostat is on Step-2 and will be covered if the member has filled for a Step-1 medication within the previous 180 days as evidenced by a paid claim or physician documentation.

INHALED CORTICOSTEROIDS

Products Affected

- Flovent Diskus
- Fluticasone Propionate Diskus

• Fluticasone Propionate Hfa

Details

Criteria	QVAR is on Step-1 and covered without authorization. Fluticasone is on Step-2 and will be covered if the member has filled for one or more Step-
	1 medications within the previous 180 days as evidenced by a paid claim or physician documentation.

Index Of Drugs

\boldsymbol{A}	
Antidepressants	1
Aplenzin	1
Asenapine Maleate S1	2
Atypical Antipsychotics	2
\boldsymbol{E}	
Emsam	1
F	
Fanant	2.

Fanapt Titration Pack	2
Febuxostat	3
Fetzima	1
Fetzima Titration Pack	1
Flovent Diskus	4
Fluticasone Propionate Diskus	4
Fluticasone Propionate Hfa	4
I	
Inhaled Corticosteroids	4